



n. 127 – del 15/09/2023

Coppa Europa Free & Dance 30 Ottobre/ 6 Novembre – Pola (Croazia)

In riferimento al CU 118 del 1 settembre 2023 si riportano di seguito le informazioni necessarie a perfezionare le iscrizioni ed il programma provvisorio della manifestazione in oggetto:

PISTA DI GARA

Mate Parlov Centre

Galijotska ul. – 52100 Pula (Croazia)

Dimensioni della pista: 25x45 Parquet

Ruote consigliate dall'organizzazione: Roll-Line Fox

SISTEMAZIONE ALBERGHIERA

Hotel Pula

Sisplac ul. – 52100 Pula 8Croazia)

DOCUMENTI TECNICI

Si ricorda che i partecipanti dovranno preparare i seguenti documenti ed inviarli a nazionali.artistico@fisr.it entro e non oltre il prossimo **25 settembre**

- copia della carta d'identità o del passaporto

- musiche

I file in mp3 dovranno essere nominati nel seguente modo:

cognome_nome_categoria_specialità_ short o long o style dance o free dance

- "program element content sheet" (formato pdf)

I file dovranno essere nominati nel seguente modo:

cognome_nome_categoria_specialità_ short o long o style dance o free dance

- documenti aggiuntivi danza

Dovrà essere inviata la certificazione della musica della style dance

ALLENATORI EXTRA OFFICIAL

Gli allenatori al seguito per essere accreditati dovranno inviare una mail all'indirizzo nazionali.artistico@fisr.it con indicato il nome, cognome, il ruolo tecnico e un documento d'identità entro e non oltre il **15 ottobre**

2023. L'accredito potrà poi essere ritirato in sede di gara versando una quota di 30,00 euro e presentando foto tessera e documento d'identità. Si prega di porre attenzione al numero massimo di allenatori che potranno essere presenti a bordo pista nelle fasi di allenamento e gara.

CONTRIBUTO SPESE TRASFERITA

Si ricorda che ad ogni atleta convocato è richiesto un contributo alle spese di trasferta di **euro 200,00** da effettuare tramite bonifico bancario intestato a FISR al seguente IBAN: IT 18V0100503309000000010114 - causale: Coppa Europa Croazia – nome e cognome atleta
Copia del bonifico deve essere inviata all'indirizzo e-mail nazionali.artistico@fisir.it entro e non oltre il giorno **15 ottobre 2023**

PROGETTO "SONO JUNIOR MA NON MOLLO"

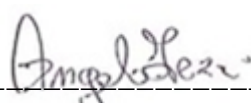
A seguito del progetto federale "Sono Junior ma non mollo" la federazione dovrà monitorare le presenze degli atleti della categoria Junior ai raduni federali ed alle gare internazionali. Per procedere al monitoraggio gli atleti convocati della categoria junior dovranno essere a conoscenza del proprio codice fiscale, dovranno avere un indirizzo e-mail personale e un telefonino che possa scansionare i QR-Code.

DISPOSIZIONI

Si ricorda che tutti gli atleti, lo staff e gli allenatori al seguito dovranno portare con sé una foto formato tessera e un documento d'identità per agevolare le operazioni di accreditamento. Gli atleti dovranno avere il certificato medico in corso di validità e dovranno consegnarlo al medico federale.

PROGRAMMA DI VIAGGIO

Gli atleti e lo staff convocato avranno il ritrovo all'autostazione di Bologna con orario e giorno che saranno definiti in un prossimo comunicato.
Il viaggio sarà effettuato in pullman



IL SEGRETARIO GENERALE
(Angelo Iezzi)



WORLD SKATE EUROPE
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OFFICIAL COMMUNICATION 014/2023

Subject: Bulletin 1 - Cup of Europe Free, Pairs & Dance 2023

To: **National Federations**

Date: **2023/09/12**

Dear all:

We are pleased to inform you that the Cup of Europe for Free, Pairs and Dance 2023, to be held in the city of Pula (Croatia), will take place from **30th October to 6th November**.

REGISTRATION DEADLINES

- Registration Forms: 18th -28th September
- Music, Program Content Sheet: 18th September - 5th October

The procedure will be similar to all previous European competitions, via dropbox. The registration forms will be available in the dropbox folder of each country from the **15st September**.

If some nation does not have a Dropbox folder, please contact the World Skate Europe ATC as soon as possible.



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HOTELS, TRANSPORT AND RINK

In the following link you can find the information dossier prepared by the Local Organising Committee with the characteristics of the skating rink, the available hotels in the city of Pula. Click here: [Dossier](#)

PROVISIONAL TIMETABLE

MONDAY 30 OCTOBER		TIME
7:30	Doors Open	0:30:00
8:00	Training Mini Ladies Solo Compulsory Dance	0:20:00
8:20	Training Mini Mens Solo Compulsory Dance	0:10:00
8:30	Training Espoir Ladies Solo Compulsory Dance	0:20:00
8:50	Training Espoir Mens Solo Compulsory Dance	0:10:00
9:00	COMPETITION MINI LADIES SOLO COMPULSORY DANCE	1:55:00
10:55	COMPETITION MINI MEN SOLO COMPULSORY DANCE	0:45:00
11:40	COMPETITION ESPOIR LADIES SOLO COMPULSORY DANCE	1:55:00
13:35	COMPETITION ESPOIR MEN SOLO COMPULSORY DANCE	1:05:00
14:40	Training Cadet Ladies Style Dance	1:45:00
16:25	Training Cadet Mens Style Dance	0:50:00
17:15	Training Mini Ladies Solo Freedance	1:00:00
18:15	Training Mini Mens Solo Freedance	0:20:00
18:35	Training Espoir Ladies Solo Freedance	1:00:00



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19:35	Training Espoir Mens Solo Freedance	0:30:00
20:05	Training Youth Ladies Style Dance	1:15:00
21:20	Training Youth Mens Style Dance	0:25:00
21:45	End of session	0:00:00
TUESDAY 31 OCTOBER		TIME
7:00	Doors Open	0:30:00
7:30	Training Junior Ladies Style Dance	1:15:00
8:45	Training Junior Mens Style Dance	0:50:00
9:35	COMPETITION CADET LADIES STYLE DANCE	2:30:00
12:05	COMPETITION CADET MENS STYLE DANCE	1:10:00
13:15	COMPETITION YOUTH LADIES STYLE DANCE	2:00:00
15:15	COMPETITION YOUTH MENS STYLE DANCE	0:45:00
16:00	COMPETITION MINI LADIES SOLO FREEDANCE	1:20:00
17:20	COMPETITION MINI MENS SOLO FREEDANCE	0:35:00
17:55	COMPETITION ESPOIR LADIES SOLO FREEDANCE	1:20:00
19:15	COMPETITION ESPOIR MENS SOLO FREEDANCE	0:45:00
20:00	AWARD CEREMONY 30 Mins	0:30:00
20:30	Training Senior Ladies Style Dance	1:45:00
22:15	Training Senior Mens Style Dance	1:10:00
23:25	End of session	0:00:00



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WEDNESDAY 1 NOVEMBER		TIME
7:00	Doors Open	0:30:00
7:30	Training Cadet Style Couples Dance	0:40:00
8:10	Training Youth Style Couples Dance	0:20:00
8:30	Training Junior Style Dance Couples	0:20:00
8:50	Training Senior Style Dance Couples	0:20:00
9:10	COMPETITION CADET LADIES SOLO FREEDANCE	2:25:00
11:35	COMPETITION CADET MENS SOLO FREEDANCE	1:10:00
12:45	COMPETITION YOUTH LADIES SOLO FREEDANCE	2:05:00
14:50	COMPETITION YOUTH MENS SOLO FREEDANCE	0:45:00
15:35	OPENING CEREMONY	0:30:00
16:05	COMPETITION JUNIOR LADIES SOLO STYLE DANCE	2:00:00
18:05	COMPETITION JUNIOR MENS SOLO STYLE DANCE	1:05:00
19:10	COMPETITION SENIOR LADIES SOLO STYLE DANCE	2:20:00
21:30	COMPETITION SENIOR MENS SOLO STYLE DANCE	1:30:00
23:00	AWARD CEREMONY 30 Mins	0:30:00
23:30	End of session	0:00:00
THURSDAY 2 NOVEMBER		TIME
7:00	Doors Open	0:30:00
7:30	Training Mini Compulsory Couples Dance	0:10:00
7:40	Training Espoir Compulsory Couples Dance	0:10:00



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7:50	Training Mini Ladies & Men Freeskating	1:15:00
9:05	COMPETITION MINI DANCE COUPLES COMPULSORY DANCE	0:30:00
9:35	COMPETITION ESPOIR DANCE COUPLES COMPULSORY DANCE	0:20:00
9:55	COMPETITION CADET DANCE COUPLES STYLE DANCE	1:00:00
10:55	COMPETITION YOUTH DANCE COUPLES STYLE DANCE	0:25:00
11:20	COMPETITION JUNIOR DANCE COUPLES STYLE DANCE	0:30:00
11:50	COMPETITION SENIOR DANCE COUPLES STYLE DANCE	0:25:00
12:15	Training Espoir Pairs Short	0:15:00
12:30	Training Cadet Pairs Short	0:40:00
13:10	Training Youth Pairs Short	0:15:00
13:25	Training Junior Pairs Short	0:40:00
14:05	Training Espoir Dance Couples Freedance	0:15:00
14:20	Training Mini Dance Couples Freedance	0:15:00
14:35	COMPETITION JUNIOR LADIES SOLO FREEDANCE	2:05:00
16:40	COMPETITION JUNIOR MENS SOLO FREEDANCE	1:10:00
17:50	COMPETITION SENIOR LADIES SOLO FREEDANCE	2:30:00
20:20	COMPETITION SENIOR MENS SOLO FREEDANCE	1:35:00
21:55	AWARD CEREMONY 30 Mins	0:30:00
22:25	End of session	0:00:00



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FRIDAY 3 NOVEMBER		TIME
8:00	Doors Open	0:30:00
8:30	Training Cadet Ladies Short	1:40:00
10:10	Training Cadet Mens Short	0:50:00
11:00	Training Mini Pairs	0:15:00
11:15	Training Senior Pairs Promocional	0:15:00
11:30	COMPETITION ESPOIR PAIRS SHORT PROGRAM	0:20:00
11:50	COMPETITION CADET PAIRS SHORT PROGRAM	0:40:00
12:30	COMPETITION YOUTH PAIRS SHORT PROGRAM	0:15:00
12:45	COMPETITION JUNIOR PAIRS SHORT PROGRAM	0:45:00
13:30	COMPETITION MINI DANCE COUPLES FREEDANCE	0:30:00
14:00	COMPETITION ESPOIR DANCE COUPLES FREEDANCE	0:20:00
14:20	COMPETITION CADET DANCE COUPLES FREEDANCE	1:15:00
15:35	COMPETITION YOUTH DANCE COUPLES FREEDANCE	0:30:00
16:05	COMPETITION JUNIOR DANCE COUPLES FREEDANCE	0:40:00
16:45	COMPETITION SENIOR DANCE COUPLES FREEDANCE	0:35:00
17:20	COMPETITION MINI LADIES & MEN FREESKATING	1:55:00
19:15	AWARD CEREMONY 30 Mins	0:30:00
19:45	Training Youth Ladies Short	1:15:00
21:00	Training Youth Mens Short	0:50:00
21:50	End of session	0:00:00



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SATURDAY 4 NOVEMBER		TIME
7:00	Doors Open	0:30:00
7:30	Training Espoir Ladies & Men Freeskating	1:30:00
9:00	Training Junior Ladies Short	0:50:00
9:50	Training Junior Mens Short	0:50:00
10:40	COMPETITION CADET LADIES SHORT PROGRAM	2:20:00
13:00	COMPETITION CADET MENS SHORT PROGRAM	1:05:00
14:05	COMPETITION YOUTH LADIES SHORT PROGRAM	1:50:00
15:55	COMPETITION YOUTH MENS SHORT PROGRAM	0:55:00
16:50	COMPETITION SENIOR PROMOTIONAL INTERMEDIATE PAIRS	0:15:00
17:05	COMPETITION MINI PAIRS	0:15:00
17:20	COMPETITION ESPOIR PAIRS LONG PROGRAM	0:20:00
17:40	COMPETITION CADET PAIRS LONG PROGRAM	0:55:00
18:35	COMPETITION YOUTH PAIRS LONG PROGRAM	0:15:00
18:50	COMPETITION JUNIOR PAIRS LONG PROGRAM	1:00:00
19:50	AWARD CEREMONY 30 Mins	0:30:00
20:20	Training Senior Ladies Short	1:15:00
21:35	Training Senior Mens Short	0:50:00
22:25	End of session	0:00:00



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SUNDAY 5 NOVEMBER		TIME
7:00	Doors Open	0:30:00
7:30	COMPETITION ESPOIR LADIES & MEN SHORT PROGRAM	2:10:00
9:40	COMPETITION JUNIOR LADIES SHORT PROGRAM	1:20:00
11:00	COMPETITION JUNIOR MENS SHORT PROGRAM	1:15:00
12:15	COMPETITION SENIOR LADIES SHORT PROGRAM	1:30:00
13:45	COMPETITION SENIOR MENS SHORT PROGRAM	1:05:00
14:50	COMPETITION CADET LADIES LONG	3:00:00
17:50	COMPETITION CADET MENS LONG	1:25:00
19:15	COMPETITION YOUTH LADIES LONG	2:30:00
21:45	COMPETITION YOUTH MENS LONG	1:15:00
23:00	AWARD CEREMONY 30 Mins	0:30:00
23:30	End of session	0:00:00
MONDAY 6 NOVEMBER		TIME
9:00	Doors Open	0:30:00
9:30	COMPETITION ESPOIR LADIES & MEN FREESKATING	2:55:00
12:25	COMPETITION JUNIOR LADIES LONG	1:55:00
14:20	COMPETITION JUNIOR MENS LONG	1:50:00
16:10	COMPETITION SENIOR LADIES LONG	2:10:00
18:20	COMPETITION SENIOR MENS LONG	1:30:00
19:50	AWARD CEREMONY 30 Mins	0:30:00



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20:20	CLOSING CEREMONY	0:30:00
20:50	End of session	0:00:00

Gabriela Otten

Chairwoman